



## MASSAGE AT BUFFALO GAP RETREAT

### SPA MENU

#### Deep Tissue and Swedish Massage – customized to your body's needs

30 minutes .....	\$50
60 minutes .....	\$90
90 minutes .....	\$120
Prenatal massage .....	\$90

#### Sip and Soak – Enjoy a cup of hot or iced tea and a soothing foot soak

Foot Soak with herbs .....	\$20
Foot Soak with scrub .....	\$40
Foot Soak with foot massage .....	\$50
Foot Soak with scrub and foot massage .....	\$65

For an appointment email: [Barbara@buffalogapretreat.com](mailto:Barbara@buffalogapretreat.com) or  
[Vince@buffalogapretreat.com](mailto:Vince@buffalogapretreat.com) or call or text 202-422-7540 or 703-328-1840